

### Enhancing your Experience

We welcome walk-in guests and try our best to accommodate but sometimes we are fully booked.

When possible, please make a reservation to ensure we can meet your needs.

It is preferable to not have a heavy meal or alcohol before your treatment.

Please arrive a few minutes before your treatment in order to relax and allow the therapist to discuss your health history and note any particular concerns.

It is preferable to arrive without any jewellery as we do not have lockers, and sometimes items are left behind.

After your massage relax and take a few minutes before you get up to avoid dizziness. The therapist will meet you back at the reception when you are ready with a light refreshment.

Gift cards are available if you want to spoil that special someone.

### Trading Hours

Mon- Fri: 08:00 to 17:00

Sat: 08:00 to 13:00

### For Bookings Call / Whatsapp

Nhlanhla: 0630547901

Lee: 0844482765 / 0827822059



BELLA LIVEY  
*secrets*

For bookings  
Contact Lynette Stemmet,  
082 929 9687  
011 915 2266  
011 915 2102  
011 915 1674  
6 Jan Buis Straat,  
Van Eck Park Ext 2, Brakpan



### **Aroma Oil Massage**

60 Min R350 | 90 Min R450 | 120 Min R550

The aroma massage combines the ancient healing arts of massage techniques and aroma therapy essential oils to unblock and balance energy flow.

### **Swedish Massage**

60 Min R300 | 90 Min R400 | 120 Min R500

This Technique combines the elements, working with the energy pathways of the body known as Sen Lines

### **Sports Massage**

60 Min R350 | 90 Min R450 | 120 Min R550

Focused on realigning deeper layers of the muscles, the slow movement and deep pressure technique is concentrated on the areas of tension and pain.

### **Hot Stone Massage**

60 Min R400 | 90 Min R550

Black rocks are smooth and rich in iron, so they retain heat and are used during a classic massage to warm and relax muscles.

### **Stand up Collagen**

30 Min R40 | 60min R60

Collagen rejuvenate skin.

### **Body Scrub & Massage**

90 Min R500 | 120 Min R600

A gentle full body exfoliation to polish the skin before your body is gently massaged with warm aromatic oil, leaving your skin feeling silky soft.

### **Reflexology Foot Massage**

30 Min R200 | 60 Min R300

Foot massage is a reflexology of the feet, which stimulates reflex point that correspond to internal organs of the body.

### **Indian Head Massage**

30 Min R150 | 60 Min R250

An Indian Head Massage stimulates flow of blood to reduce stress for relaxation.

### **Back Neck & Shoulder**

30 Min R200 | 60 Min R300

This is a relaxing massage therapy concentrating on the back, neck and shoulder muscles.

### **Lymphatic Drainage Massage**

120 Min R400

Manual Lymphatic Drainage Massage (MLD). This is a gentle massage modality that encourages the movement of lymph fluids through the body.

### **Manicure & Pedicure**

Soak | R50

Pedicure with or without Cutex | R180

Manicure with or without Cutex | R150

Gel Overlay | R150

Manicure & Gel overlay | R250

Pedicure & Gel overlay | R280

Manicure & Acrylic overlay without tips | R 350

Manicure & Acrylic overlay with tips | R 400

Acrylic overlay without tips | R 250

Acrylic overlay with tips | R 300

### **Infrared Sauna Room**

60 min R50

And it includes a shower afterwards

### **Facial**

60 Min R250 (Normal deep cleansing)

90 Min R400 (With electrical facial machine)

Eyebrow Tint R50 | Eyelash Tint R50

### **Sunbed Sessions**

10x30 Min | R350

### **Waxing**

Normal Bikini Wax - R110 | Brow Wax - R60

High Cut Bikini Wax - R130 | Lip Wax - R50

Brazilian Wax (Landing strip) R180 |

Chin Wax - R50

Hollywood Wax R230 |

Brow, Lip & Chin Wax - R140

Under Arm Wax - R60 | Half Arm Wax - R100

Full Arm Wax - R120 | Half Leg Wax R120

Full Leg Wax - R160

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