

### **Aroma Oil Massage**

60 Min R400 | 90 Min R500 | 120 Min R600

The aroma massage combines the ancient healing arts of massage techniques and aroma therapy essential oils to unblock and balance energy flow.

### **Swedish Massage**

60 Min R350 | 90 Min R450 | 120 Min R550

This Technique combines the elements, working with the energy pathways of the body known as Sen Lines

### **Sports Massage**

60 Min R400 | 90 Min R500 | 120 Min R600

Focused on realigning deeper layers of the muscles, the slow movement and deep pressure technique is concentrated on the areas of tension and pain.

### **Hot Stone Massage**

60 Min R450 | 90 Min R600

Black rocks are smooth and rich in iron, so they retain heat and are used during a classic massage to warm and relax muscles.

### **Stand up Collagen**

30 Min R40 | 60min R60

Collagen rejuvenate skin.

### **Body Scrub & Massage**

90 Min R550 | 120 Min R650

A gentle full body exfoliation to polish the skin before your body is gently massaged with warm aromatic oil, leaving your skin feeling silky soft.

### **Reflexology Foot Massage**

30 Min R250 | 60 Min R350

Foot massage is a reflexology of the feet, which stimulates reflex point that correspond to internal organs of the body.

### **Indian Head Massage**

30 Min R200 | 60 Min R300

An Indian Head Massage stimulates flow of blood to reduce stress for relaxation.

### **Back Neck & Shoulder**

30 Min R250 | 60 Min R350

This is a relaxing massage therapy concentrating on the back, neck and shoulder muscles.

a gentle massage modality that encourages the **Lymphatic Drainage Massage**

120 Min R450

Manual Lymphatic Drainage Massage (MLD). This is movement of lymph fluids through the body

### **Manicure & Pedicure**

Gel Soak | R70

Acrylic Soak | R90

Pedicure with or without Cutex | R230

Manicure with or without Cutex | R200

Gel Overlay | R200

Gel Overlay with tips | R250

Manicure & Gel overlay with tips | R280

Manicure & Gel overlay | R250

Pedicure & Gel overlay | R330

Acrylic overlay without tips | R300

Acrylic overlay with tips | R350

### **Infrared Sauna Room**

60 min R50

And it includes a shower afterwards

### **Facial**

60 Min R300 (Normal deep cleansing)

90 Min R450 (With electrical facial machine)

Eyebrow Tint R50 | Eyelash Tint R50

### **Sunbed Sessions**

10x30 Min | R350

### **Waxing**

Normal Bikini Wax - R110 | Brow Wax - R60

High Cut Bikini Wax - R130 | Lip Wax - R50

Brazilian Wax (Landing strip) R180 |

Chin Wax - R50

Hollywood Wax R230 |

Brow, Lip & Chin Wax - R140

Under Arm Wax - R60 | Half Arm Wax - R100

Full Arm Wax - R120 | Half Leg Wax R120

**BELLA LIVEY**  
secrets